

# Results: 2003 - 10K & 5K

CEDAR CITY- Five Utah Summers Games records were broken to highlight the 2003 USG 5-kilometer road race held Saturday at Cedar City Park.

In men's competition, Kanab's Lynn Button improved his USG record in the men's 50-54 age division by nearly five seconds with a gold-medal winning time of 18:31.5, while Layton's Russ Anderson bested the previous USG record in the 40-under Clydesdale division by more than one minute with a 17:41.1 mark. In the women's race, 11-year old Wendy Dunkle of Midway ran her way to a gold medal and an age division record at 20:27.6, while Kanab's Debbi Coleman finished third overall and broke her own 35-39 division mark by nearly one minute with a time of 19:04.9. Cedar City's Maryanne Andersen finished the record-setting day by shattering the record in the 60-64 division by over 15 minutes with a time of 30:34.3.

Toquerville's Tony Jones repeated as overall race champion, crossing the line at 14:59.2, while Cedar City resident and SUU track athlete Stephanie Hart won the women's race at 17:44.1.

## 2003 USG 5-K Road Race Results (06/13/03)

### Men's Overall

1, Tony Jones, Toquerville, 14:59.2. 2, Andrew Davies, Salt Lake City, 16:38.5. 3, Ross Decker, St. George, 16:44.1.

### Boys 1-11 Division

1, Erik Nakken, Cedar City, 27:34.1., 2, Rees Madsen, 28:24.6. 3, Brandon Bringhurst, Orem, 29:58.5.

### Boys 15-18 Division

1, Tony Jones, Toquerville, 14:59.2. 2, Colby Davis, Enoch, 17:06.6. 3, Jeremy Jones, Toquerville, 17:56.2.

### Men 19-24 Division

1, Andrew Davies, Salt Lake City, 16:38.5. 2, Joshua Carroll, Cedar City, 17:57.4.

### Men 30-34 Division

1, Sterling Adair, 20:30.0. 2, Anthony Appawoo, Fort Duchesne, 23:00.6.

### Men 35-39 Division

1, Cory Bringhurst, Orem, 17:26.3.

### Men 40-Under Clydesdale Division

1, Russ Anderson, Layton, 17:41.1 (New USG Record).

### Men 40-44 Division

1, Ross Decker, St. George, 16:44.1. 2, Greg Cramer, 17:59.9. 3, Gary Jones, Toquerville, 18:29.5.

### Men 45-49 Division

1, Brian Fisher, Hurricane, 21:39.9.

### Men 50-54 Division

1, Lynn Button, Kanab, 18:31.5 (New USG Record). 2, Mike Byrnes, Providence, 19:18.0. 3, Marty Furmanski, 23:10.0.

### Men 55-59 Division

1, Dee Gorder, Roy, 21:13.0, 2, Kris Lounsbury, St. George, 21:26.3. 3, Kenneth Pierce, Riverdale, 22:04.3.

### Men 65-69 Division

1, Jim Flora, St. George, 28:45.0. 2, Jim Demet, Salt Lake City, 33:39.9.

### Men 70-74 Division

1, Derald Evans, Ogden, 26:12.0.

### Men 75-Over Division

1, Marvin Woodbury, St. George, 30:58.8.

### Women's Overall

1, Stephanie Hart, Cedar City, 17:44.1. 2, Christine Welsh, Cedar City, 18:49.6. 3, Debbi Coleman, Kanab, 19:04.9.

### Girls 1-11 Division

1, Wendy Dunkle, Midway, 20:27.6 (New USG Record). 2, Shannon Bringhurst, Orem, 30:00.2.

### Girls 12-14 Division

1, Celeste Miller, 19:55.2. 2, Mary Tanner, Cedar City, 21:58.0. 3, Kimberly Bringhurst, Orem, 23:22.2.

### Girls 15-18 Division

1, Christine Welsh, Cedar City, 18:49.6. 2, Ciceut Brown, Cedar City, 21:15.6. 3, Rachel Brown, 21:48.8.

Women 19-24 Division

1, Stephanie Hart, Cedar City, 17:44.1. 2, Sheri Scott, 21:16.5. 3, Jessica Anderson, Cedar City, 22:01.9.

Women 25-29 Division

1, LaRae Heaton, 20:14.7.

Women 35-39 Division

1, Debbi Coleman, Kanab, 19:04.9 (New USG Record). 2, Patricia Wood, Park City, 24:07.3. 3, Loreen Olney, 24:55.0.

Women 40-44 Division

1, Trish Bytheway, South Jordan, 33:19.0.

Women 45-49 Division

1, Penny Fletcher, Park City, 27:25.9. 2, Sheri Fisher, Hurricane, 28:14.9.

Women 50-54 Division

1, Laurie Ellis, Park City, 29:44.5.

Women 55-59 Division

1, Carol Johnson, Logan, 24:28.2. 2, Beverly Anderson, Cedar City, 34:21.2.

Women 60-64 Division

1, Maryanne Andersen, Cedar City, 30:34.3 (New USG Record).

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**10K Road Race**

**June 13, 2003**

SHEERAN AND WELSH PACE THE FIELD IN USG 10-K ROAD RACE

CEDAR CITY- St. George's David Sheeran and Cedar City's Christine Welsh paced the field as the men's and women's overall champions in the 2003 Utah Summer Games 10-kilometer road race held Friday at Cedar City Park.

Sheeran's winning time of 32:16 was three and a half minutes faster than his next closer competitor and also marked the fourth-straight year a current or former Southern Utah University track athlete had won the men's race, joining fellow Thunderbirds Curtis Moore (Riverton, 2000), J.D. Nielson (Cedar City, 2001) and current USG event recordholder Zak James (Orem, 2002) on the list. Meanwhile, Welsh crossed the line at 40:02.2, 42 seconds ahead of Kanab's Debbi Coleman, who won gold in her 35-39 division.

2003 USG 10-K Road Race Results (06/13/03)

Men's Overall

1, David Sheeran, St. George, 32:16. 2, Andrew Davies, Salt Lake City, 35:48.1. 3, Scott Butterfield, Cedar City, 36:12.6.

Boy's 1-11 Division

1, Braxton Duncan, Cedar City, 45:27.4.

Boy's 12-14 Division

1, Thatcher Olsen, Salt Lake City, 39:57.1.

Boy's 15-18 Division

1, Colby Davis, Enoch, 36:53.3. 2, Justin Decker, St. George, 38:25.

Men's 19-24 Division

1, David Sheeran, St. George, 32:16. 2, Andrew Davies, Salt Lake City, 35:48.1. 3, Danny Yardley, Panguitch, 37:36.8.

Men's 25-29 Division

1, Sam Johnson, Cedar City, 42:52.9.

Men's 30-34 Division

1, Scott Butterfield, Cedar City, 36:12.6. 2, Dale Ipson, Washington, 39:11.9. 3, Terrill Heaton, Cedar City, 48:50.4.

Men's 35-39 Division

1, Tyler Brinkerhoff, Cedar City, 45:03.6. 2, Ken Stapley, Cedar City, 53:13.9.

Men's 40-44 Division

1, Ross Decker, St. George, 36:47.2. 2, Lindsay Pugmire, Washington, 40:57.3. 3, Randy Soderquist, Glendale, 41:27.9.

Men's 45-49 Division

1, Thomas Bloodgood, Cedar City, 41:35.7. 2, Douglas Gilbert, Brigham City, 46:12.6.

Men's 50-54 Division

1, Lynn Button, Kanab, 39:25.8., 2, Mike Byrnes, Providence, 40:53.4.

Men's 55-59 Division

1, Kenneth Pierce, Riverdale, 46:01.7.

Men's 65-69 Division

1, Emmett Smith, Central, 43:44.4. 2, Jim Flora, St. George, 1:01:05.6.

Men's 70-Over Division

1, Derald Evans, Ogden, 57:02.5.

Women's Overall

1, Christine Welsh, Cedar City, 40:02.2. 2, Debbi Coleman, Kanab, 40:44.2.  
3, Linda Sheeran, St. George, 43:07.4.

Girl's 15-18 Division

1, Christine Welsh, Cedar City, 40:02.2.

Women's 19-24 Division

1, Jessica Anderson, Cedar City, 48:28.5. 2, Roni Laub, St. George, 53:51.9.

Women's 25-29 Division

1, Natalie Christensen, St. George, 45:15.8. 2, Jenny Westhoff, Leeds,  
47:50.7.

Women's 30-34 Division

1, Mauri Bleazard, Cedar City, 50:46.7. 2, Robbie Elison, Toquerville, 55:33.8.  
3, Cindy Hathaway, St. George, 57:05.4.

Women's 35-39 Division

1, Debbi Coleman, Kanab, 40:44.2. 2, Shelly Hansen, St. George, 49:07.9. 3,  
Alice White, South Jordan, 50:54.7.

Women's 40-44 Division

1, Linda Sheeran, St. George, 43:07.4. 2, Bonnie Jones, Cedar City, 48:58.5.

Women's 45-49 Division

1, Lisa Rector, Park City, 50:37.5. 2, Diane Decker, Cedar City, 52:55.4. 3,  
Judy Blackmore, LaVerkin, 58:51.3.

Women's 50-54 Division

1, Susan Keate, Park City, 1:01:08.5. 2, Helayna Goulding, Hurricane,  
1:01:55.0.

Women's 55-59 Division

1, Carol Johnson, Logan, 51:33.1. 2, Beverly Anderson, Cedar City,  
1:08:54.6.

Women's 60-64 Division

1, Maryanne Andersen, Cedar City, 1:01:09.7